Appendix

Abbreviations

4:0	fatty acid with 4 carbon atoms and zero (0) double bond
ADS	Available Display Surface
Ala	alanine
Alco	alcohol
AP	as purchased
Arg	arginine
Asp	aspartame
Asp.Ac	aspartic acid
B6	vitamin B6
B12	vitamin B12
Bet	betaine
Bio	biotine
BMI	Body Mass Index
Ca	calcium
Caf	caffein
CHO	carbohydrates
Cho	choline
Chol	cholesterol
cm	centimetre
CNF	Canadian Nutrient File
Cu	copper
Cys	cystine
DFE	Dietary Folate Equivalent
DRI	Dietary Reference Intake
Ener	energy
EP	edible part
FAT	lipids
FDR	Food and Drug Regulation of Canada
Fe	iron
FibT	total fibre
FolT	total folate
Fru	fructose
g	gram
Gal	galactose
Glu	glucose
Glu.Ac	glutamic acid
Gly	glycine
H2O	water

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His	histidine
Hyd	hydroxyproline
I	iodine
in	inches (imperial measure unit)
Iso	isoleucine
IU	International Unit
J	joule
K	potassium
kg	kilogram
L	liter
Lac	lactose
lbs	pounds (imperial measure unit)
Leu	leucine
Lys	lysine
Malt	maltose
Met	methionine
MFA	Monounsaturated Fatty Acids
Mg	magnesium
MJ	megajoule
mL	millilitre
Mn	manganese
n-3	omega-3 fatty acids
n-6	omega-6 fatty acids
Na	sodium
NE	Niacin Equivalent
NFT	Nutrition Facts Table
Nia	niacin
Oxa.Ac	oxalic acid
OthT	total other sugars
P	phosphorus
PA	Physical Activity Coefficient
PAL	Physical Activity Level
Pant	pantothenic acid
PFA	Polyunsaturated Fatty Acids
Phe	phenylalanine
PRO	proteins
Prol	proline
Qty	quantity
RAE	Retinol Activity Equivalent
Raf	raffinose
RDI	Recommended Daily Intake
RE	Retinol Equivalent
Ref.	reference

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Ribo	riboflavin
RNI	Recommended Nutrient Intake
SAlco	sugar alcohols
Se	selenium
Ser	serine
SFA	Saturated Fatty Acids
Stac	stachyose
Star	starch
Sterols	phytosterols
Sucr	sucrose
SugA	added sugars
SugT	total sugars
Theob	theobromine
Thia	thiamin
Thre	threonine
Trans	trans fatty acids
Try	tryptophan
Tyr	tyrosine
UPC	Universal Product Code
USDA	United States Department of Agriculture
Val	valine
VitA	vitamin A
VitC	vitamin C
VitD	vitamin D
VitE	vitamin E
VitK	vitamin K
Zn	zinc

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